



Report to Healthier Communities and Adult Social Care Scrutiny & Policy Development Committee

Report of: Dawn Walton, Director: Commissioning, Inclusion and Learning
 Brian Hughes, Director of Commissioning and Performance, Deputy Accountable Officer

Subject: Update on the development of the joint dementia strategy commitments and the commissioning plan for dementia

Author of Report: Joanne Knight, Strategic Commissioning Manager – Older adults and dementia

Summary:

This report summarises:-

- The progress so far in developing a joint city strategy for dementia,
- The next steps for the strategy and implementation – making it a reality
- The current commissioning plan achievements
- Some specific detail about the dementia friendly communities work

This report has been requested by the Scrutiny Committee to enable it to consider and comment on the plans and progress so far

Type of item: The report author should tick the appropriate box

Reviewing of existing policy	
Informing the development of new policy	x
Statutory consultation	
Performance / budget monitoring report	
Cabinet request for scrutiny	
Full Council request for scrutiny	
Community Assembly request for scrutiny	
Call-in of Cabinet decision	
Briefing paper for the Scrutiny Committee	x
Other	

The Scrutiny Committee is being asked to:

The Committee is asked to consider the proposals and provide views and comments

Background Papers:

Sheffield Dementia Strategy Commitments

Category of Report: OPEN

Most reports to Scrutiny Committees should be openly available to the public. If a report is deemed to be 'closed', please add: '**Not for publication because it contains exempt information under Paragraph xx of Schedule 12A of the Local Government Act 1972 (as amended).**'

Report of the Director of Commissioning Inclusion and Learning

Title of report Update on the development of the joint dementia strategy commitments and the commissioning plan for dementia

1. Introduction/Context

- 1.1 Dementia is a broad term used to describe a range of progressive neurological disorders. These disorders are characterised by a range of symptoms including memory loss, mood changes, and problems with communication and reasoning.
- 1.2 The total number of people estimated to be living with dementia in the City in excess of seven thousand. This equates to 1.21% of the population which is slightly lower than the national average of 1.3%.¹
- 1.3 In Sheffield, the recorded dementia prevalence was 0.86% for the period 2015-16 compared to 0.76% nationally. This means that identification and diagnosis of people with dementia is better than average in Sheffield but still falls short of the likely "true" number of people with the condition
- 1.4 The number of patients admitted to hospital who are living with dementia is increasing both locally and nationally. If prevalence of dementia continues to increase as predicted, this will pose a significant challenge for health and social care services. The following indicators suggest this is probably an area of concern for Sheffield
 - Sheffield had a significantly higher rate of emergency dementia admissions (aged 65+) compared to nationally during 2015/16
 - Sheffield had a significantly higher rate of inpatient admissions (aged 65+) for Alzheimer's disease during 2015/16
 - Sheffield had a significantly higher rate of inpatient admissions (aged 65+) for unspecified dementia during 2015/16²
- 1.5 There is currently no certain way to prevent all types of dementia. Vascular disease however can be prevented. Consequently,

¹ Sheffield JSNA

² Sheffield JSNA

reductions in the incidence of vascular and mixed dementias may be expected to follow. There is, for example, evidence to suggest that the incidence of vascular dementia may be reducing in the UK, by as much as 2.7% per year.

- 1.6 In 2015 the Department of Health launched the 'Prime Minister's 2020 Challenge on Dementia', building on work from the previous strategy launched in 2012. The document called for local action to agree and work together on local plans and approaches to help transform dementia care.
- 1.7 Public, voluntary, community and private sector organisations across Sheffield committed to work together to improve the care and support for people of all ages living with or caring for those living with dementia to enable them to live life to their full potential. The development of the Sheffield Dementia Strategy Commitments forms our response to the Prime Minister's Challenge document
- 1.8 The strategy developed over a 12 month period with robust co-production, discussion, debate and consultation with a significant number of stakeholders across the city with particular emphasis on inclusion of people with dementia and their families at every stage.
- 1.9 The consultation took place during December 2018 and January 2019 and the outcome was very encouraging and positive especially about the joint working and desire to develop the offer to people with dementia and their families. Although there were a number of questions and ideas raised these were more relevant to the next stage of the strategy which is action planning rather than requiring alterations to the strategy commitments.
- 1.10 During the strategy development stage it was agreed that the commissioning of support for people with dementia should continue to progress providing it was broadly in line with the emerging themes
- 1.11 This report therefore summarises:-
 - The progress so far in developing a joint city strategy for dementia,
 - The next steps for the strategy and implementation – making it a reality
 - The current commissioning plan achievements
 - Some specific detail about the dementia friendly communities work
- 1.12 This report has been requested by the Scrutiny Committee to enable it to consider and comment on the plans and progress so far

2. Update

The strategy

- 2.1 The strategy and its 13 commitments are in the process of being formatted into a final edition for publication (A list of these is attached at Appendix A)
- 2.2 It is part of the Mental Health Transformation Programme and a multi-agency group, the dementia strategy implementation group (DSIG) continues to oversee the strategy development and is driving it forward. The DSIG has commitment from SCC in the form of a lead Head of Service, a programme officer from the CCG and many representatives from the public, private and voluntary sector
- 2.3 This group reports directly into the Mental Health, Learning Disability and Dementia Delivery Board which has members from the CCG, the Council and Sheffield Health and Social Care NHS Foundation Trust (SHSC).
- 2.4 The next stage is to map current activity against each of the commitments and identify the priorities. This will not only give a greater understanding of the scale of the ongoing work but also identify any gaps or initiatives which could have the most significant and positive impacts for people living with dementia and their families. A significant part of this process will be (as per commitment 13) to identify key measurable targets and baseline data so it is possible to measure success. We know that one of the measures needs to be a wellbeing one but that this needs to be a consistent measure across the city, work is already taking place within public health to identify this and a tool to measure it.
- 2.5 Work has already started on this process, a workshop (including people with dementia and professionals) held in May 2019 was set up to identify the priority commitments for action. Although there was no consensus about which commitment to prioritise the following were areas of significant interest:-
 - Information and advice post diagnosis
 - Reducing stigma and making Sheffield more dementia friendly
 - Improving the quality of care for people admitted to A&E and Sheffield Teaching Hospitals
 - A more co-ordinated approach to care and support
 - Support for families
- 2.6 To support this development and drive priorities forward the CCG, SHSC and SCC have funded a part time project officer who will be in post from September 2019 and will begin to work on ways to identify and take forward the priorities. This will replace a gap left by the previous post holder who left in early 2019.
- 2.7 Pending this appointment, work has already commenced to form a governance structure of working groups that will report to the DSIG and will develop the detailed action plans

- 2.8 As part of this governance we will be establish a support and challenge group which will ensure there is sufficient challenge on the strategy implemented, this group will have people with dementia and their carers' as an integral part.

Commissioning Plan

- 2.9 An SCC commissioning plan to develop dementia support has been in place since Nov 2018 (see below table 1) and was agreed by the then Individual Cabinet Member. The CCG are cited on this and some of the work is being undertaken jointly
- 2.10 There is also other work being taken forward linked to the strategy, the table below (table 2) describes some of this work and the potential impacts
- 2.11 More recently the CCG have agreed to developing a joint commissioning plan which SCC will lead on behalf of the CCG

Activity	How	Expected Impact(s)	Linked to
Capacity building for dementia friendly communities	Grant awarded to Sheffield Dementia Action Alliance (SDAA) for 3 years 2018-21	<p>Increase in the numbers of people aware of dementia and its impact which in turn will</p> <ul style="list-style-type: none"> • Reduce the stigma associated with dementia • Begin to re- educate the general population • Create more dementia friends who will support others <p>More efficient and effective working joining up the friendly cities work by establishing common themes across Age Friendly City, Autism Friendly City and Dementia Friendly City</p>	<p>Commitment 1</p> <p>Sheffield will become a dementia friendly city.</p>
Developing user voice	Grant to Sheffield Dementia Involvement Group (SHINDIG) for 3 years 2018-2021	<p>The voice of people with dementia and their families is increased</p> <p>There is a safe space for people to express their views</p> <p>Increased number of planning events inclusive to people with dementia and their families/carers as well as involving staff from different services across the city</p>	<p>Commitment 4</p> <p>For people with dementia support in Sheffield will be more personalised, local and accessible to help people to remain independent for as long as possible.</p>

Activity	How	Expected Impact(s)	Linked to
Community Activities	<p>One-off Innovation Fund to encourage local organisations to do inter-generational activities around dementia</p> <p>Re-procure four Dementia Cafés</p>	<p>Increased number of schools and care homes linked into local communities</p> <p>Younger people have a greater understanding of dementia</p> <p>Increased inclusion in the community for residents of care homes</p> <p>Cafes now established in 5 areas of the city offering</p> <ul style="list-style-type: none"> • Advice and information • A social meeting place in communities • Peer group support, working through problems together 	<p>Commitment 4 As above</p> <p>Commitment 5 We will provide high quality support to families and carers of people with dementia in Sheffield to help people with dementia maintain their independence for as long as possible</p>
Community support developments in local neighbourhoods	<p>16 PKW partnerships supported with funding to arrange a range of support activities for people with dementia and proactively contact people recently diagnosed</p>	<p>Local support and activities for people with dementia and their families</p> <p>Support tailored to the local community</p> <p>Every person diagnosed by the memory service and neurology have a contact in their local community</p> <p>Every person diagnosed is proactively contacted within 6 months of diagnosis</p>	<p>Commitment 4 As above</p> <p>Commitment 5 As above</p>

Activity	How	Expected Impact(s)	Linked to
<p>Dementia Specialist Advice</p> <p><i>In conjunction with CCG</i></p> <p>Page 54</p>	<p>Commission a specialist advice service for other professionals to ensure care is co-ordinated and people can live well at home.</p> <p>They will also be early identifiers of crisis situations and help co-ordinate a multi-agency action plan</p> <p>From October 2019</p>	<p>Staff working with people with dementia are up-skilled to continue working with people with dementia and this leads to is less change in the person's life</p> <p>More people with dementia and their families stay supported by people they are familiar with</p> <p>More people in the city supported to continue working with people with dementia</p> <p>Fewer handoffs between services</p> <p>More people are dementia aware building the dementia friendly city</p> <p>Fewer crisis situations by recognising individuals symptoms and assisting staff to manage this via multi -disciplinary working, where necessary setting up crisis meetings</p> <p>Less reliance on social care and fewer people admitted to hospital as a result of crisis</p>	<p>Commitment 4 As above</p> <p>Commitment 5 As above</p>
<p>Day Opportunities (care and community based models)</p> <p><i>Joint with CCG</i></p>	<p>Re design and re model day activities for older adults both community and care based</p> <p>To commence 1.7.20</p>	<p>Increased number of carers can take a break</p> <p>People with dementia are supported in stimulating and good quality environments</p> <p>Improved holistic approach to day opportunities so support is adaptable to cope with changing needs</p>	<p>Commitment 4 As above</p> <p>Commitment 5 As above</p> <p>Commitment 10</p>

	Redesign and remodel day support for younger adults with dementia To commence 1.4.20	Increased number of opportunities for younger people with dementia to connect Improved advice and information offer to younger people which reflects their situation e.g. work, family	Care and support services will take account of the needs of people with dementia
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Table 1

Activity	How and when	Impact	Link to Strategy Commitment
Dementia diagnosis pathway across primary and secondary care	Regular meetings across SCC, Primary Care, Neurology (SiTRAN) and SHSCT to establish and agree the pathway for diagnosis Ongoing complete by March 2020	Diagnosis pathway established agreed and recorded and treatment options agreed and shared People are clearer about the diagnosis route Reduction in diagnosis time	Commitment 12 We will provide guidance to clinicians in relation to the best medicines for dementia, including when to initiate and review medication
Engage in research activity	SiTRAN leading and contributing to regional and national research projects Ongoing	Sheffield links in to recent research and able to find better treatment options Sheffield is established as a lead partner in research and this ultimately benefits the citizens of Sheffield	Commitment 2 Commitment 11 We will support the clinical and non-clinical research community in Sheffield.
QEIA (Quality Impact Assessment for dementia strategy) SCC lead on behalf of CCG	SCC completing quality impact assessment to understand the major impacts Ongoing	Greater understanding of the adverse impacts of the strategy More awareness of the diversity and gaps as a result	Commitment 13 We will monitor the strategy and the implementation plan supporting it

Activity	How and when	Impact	Link to Strategy Commitment
STH dementia plan of action	A range of dementia related activities and developments including, dementia friendly environments, staff training and awareness, good practice engagement sessions etc.	Improved staff awareness, Quality of environment improved Improved quality in hospital settings Reduce isolation in secondary care	Commitment 9 We will improve care for people with dementia attending A&E and those admitted to Sheffield Teaching Hospitals
Understand the current purpose and future model (mapped to the strategy) of CCG commissioned services Joint with CCG	Through mapping and specifying services e.g. memory service, CDSS, CMHT, Woodland View, Birch Avenue, DRRT etc. By 31/3/20	Understand detail behind the services including numbers, cost etc. Map of current activity and purpose through specifications Align services to the strategy and identify gaps in provision Improved working across the system leading to better co-ordinated and more efficient services A whole system pathway is established	Commitment 2 - We will ensure preventative health become an integral part of the dementia work Commitment 3 - We will improve access to the diagnosis of the diseases that cause dementia at the earliest possible stage for the people of Sheffield. Commitment 10

Activity	How and when	Impact	Link to Strategy Commitment
Scope the requirements for enhanced care for people with dementia	SCC to work on behalf of the CCG to look at a model of support for people with enhanced needs	Improved model of support for people with enhanced needs Support tailored to the individuals needs and circumstances	Commitment 4 Commitment 5 Commitment 10

Table 2

Dementia Friendly Communities

- 2.8 Dementia friendly communities encourage everyone to share responsibility for ensuring that people with dementia feel understood, valued and able to contribute to their community. It is a place or culture in which people with dementia and their carers' are empowered, supported and included in society, understand their rights and recognise their full potential.
- 2.9 Most authorities chose to work with a dementia alliance who acts as a unique platform that aims to bring about a society-wide response to dementia. Members make individual commitments to action within their organisations, setting out what they hope to achieve to support people affected by dementia.
- 2.10 Most dementia action alliances work on the cornerstones of dementia friendly communities which are awareness, social and cultural engagement, human rights, capability building, and access to dementia friendly services and physical environments
- 2.11 The dementia action alliance was given a grant in 2018 for 3 years to drive dementia friendly communities work. Some of their achievements include:-
- 21 businesses who are member organisations, these include small voluntary organisation and multi nationals such as Nat West bank
 - Supported the development and awareness of a further 81 dementia friends including staff from First contact at Howden House and from locality teams in social care
 - Worked with care homes on establishing dementia friendly environments
 - Delivered Pastoral support to providers including attending their partnership meeting and planning for their event.
 - Delivered Bronze Enrichment for the Elderly Dementia stars for a number of community partnerships
 - Liaising with all 16 PKW partnerships about dates for delivering training and pastoral support.
 - 85 people have attended Enrichment for the Elderly Dementia stars training session feedback has been incredible with participants saying 'really thought provoking' 'The delivery is excellent' 'the best dementia training I have been to- I can't wait for the next one'.
- 2.12 Much more work is planned in this area including work with city centre shops and organisations, the development of a toolkit which will help organisations see what they need to do to become dementia aware and a more co-ordinated approach to creating friendly environments so working more closely with people looking at autism friendly and age friendly cities.
- 2.13 It is anticipated that this work will impact by reducing the stigma associated with dementia, make environments more conducive and accommodating and ensure people understand and use approaches which make people with dementia feel accepted and safe

3 What does this mean for the people of Sheffield?

3.1 The development of the joint dementia strategy, subsequent action and commissioning plan should afford the people of Sheffield:-

- A more inclusive city environment where people with dementia are accepted understood and their potential as ordinary citizens is recognised
- A city where statutory agencies work together in partnership recognising that the outcomes for people with dementia and their families will be improved by doing so
- Improved co-ordination and quality of support
- A shared vision across the city designed with and for people with dementia and their families
- A reduced number of crisis situations leading to either admission to longer term care or hospital
- Preventing or delaying the onset of dementia by modifying lifestyle and behaviours in mid-life
- For all people living with dementia and their families/carers to feel empowered and know where to go to seek information, advice and help.
- To be able to access timely care and support that enables them to live well at home for as long as possible and to die with dignity.
- To live in dementia friendly communities. A dementia friendly community is a place where people with dementia are understood, respected and supported.

4. Recommendation

4.1 The Committee is asked to consider the information in this report and provide views and comments

Appendix A

A List of the Strategy Commitments

1	Sheffield will become a dementia friendly city.
2	We will ensure preventative health become an integral part of the dementia work
3	We will improve access to the diagnosis of the diseases that cause dementia at the earliest possible stage for the people of Sheffield.
4	For people with dementia support in Sheffield will be more personalised, local and accessible to help people to remain independent for as long as possible.
5	We will provide high quality support to families and carers of people with dementia in Sheffield to help people with dementia maintain their independence for as long as possible
6	Sheffield will continue to provide out of hospital emergency assessments and short term care when people need it and in the most appropriate setting
7	Sheffield will continue to provide specialist inpatient assessment and treatment for people who are unable to receive care in their own homes.
8	We will make sure that people get access to personalised, good quality palliative and end of life care when they need it
9	We will improve care for people with dementia attending A&E and those admitted to Sheffield Teaching Hospitals
10	Care and support services will take account of the needs of people with dementia
11	We will support the clinical and non-clinical research community in Sheffield.
12	We will provide guidance to clinicians in relation to the best medicines for dementia, including when to initiate and review medication.
13	We will monitor the strategy and the implementation plan supporting it.

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